



Navigating Life Journeys with the Myers-Briggs®*

Exploring Growth, Development, and Spirituality

The Myers-Briggs Type Instrument is an internationally respected instrument for understanding personality based on individual preferences.

- Personality preferences affect personal, spiritual, and community life choices and experiences
- Use the MBTI to grow internally, in relationships and in spiritual life

Sign up for one, two, or all three Parts.
 Part 1 is a prerequisite for Part 2. Part 2 is a prerequisite for Part 3.

Part 1: MBTI Step II Understanding Personality
Sunday, October 3, 2010, 1 - 5 pm, Boulder location TBA

Begin to explore the impact of individual preferences on personal growth through understanding of the fundamentals and value of 16 personality types and 20 facets of preferences that affect communication, conflict, problem solving and decision-making.

Part 2: Developmental Aspects of Type
Wednesday, October 13, 2010, 6 - 9 pm, Boulder location TBA

Consider how your personality preferences explain how you progress personally, in relationships, and spiritually throughout your life. Gain insight into how individual personality types fit with different personal paths.

Part 3: Strategies for Personal Spiritual Growth and Development
Wednesday, October 27, 2010, 6 - 9 pm, Boulder location TBA

Delve more deeply into dynamics of type, exploring the impact of your least used type preferences on your life. Learn how the MBTI provides a model for life-long growth and reveals potential for becoming your best self.

Instructors: Lyn Wade, MA and Beth Ornstein, JD

	Register by Sept 13, 2010	Register after Sept 13, 2010
Part 1	\$130.00	\$145.00
Parts 1 & 2	\$175.00	\$190.00
Parts 1, 2 & 3	\$220.00	\$235.00

To register or
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